

Wellness Committee Meeting Minutes

02/28/2018

Attendees:

Kathleen Haines
Adrienne McManis
Stephanie Reilly
Cathy Macaluso
Alicia Heverly
Jamie Messenger (parent)
Jaleia Perry (student)

Discussion topic:

- Wellness week (May 21-25)
Discussed activities for each day of wellness week and different jobs needing to be filled. Will include information on next board agenda for approval.
- Nutri-slice app
Discussed an app that is available for parents to use which helps facilitate parents/students knowledge of food calories/content etc
- Meat –Less Monday
Discussed a new initiative to provide healthier meat less choices for students. Meat is offered as an option on Monday but is not served as the main choice.
- Nutrition Intuition
Discussed a nutrition hand out that is available monthly on the schools website. Options to make the information more available to students / parents (place on remind/ copies sent home)
- Parent suggestions
Preparation of foods and interest in new items. Willingness to reach out to other parents through HSA to better follow policy guidelines for school parties.
- Student suggestions
Student expressed wants of other students with what items they prefer or not prefer to see on the menu
- Will schedule follow up meeting post wellness week